

**COVID-19**

## **TO PROTECT YOURSELF AND OTHERS FROM CORONAVIRUS**



**Wash your hands  
very often**



**When coughing or sneezing,  
cover your mouth and nose  
with your arm**



**Dispose of any tissues  
you have used**



**IF YOU ARE SICK  
Wear a face mask**



**For further information**

**[GOUVERNEMENT.FR/INFO-CORONAVIRUS](https://www.gouvernement.fr/info-coronavirus)**

**0 800 130 000**  
(free call)